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“Guidelines for epidemic prevention and hygiene measures at RCs”

- 1) According to the anti-epidemic guidelines of the MSAR Government, holders of red Macao Health Codes will be prohibited from entering the Residential Colleges (RCs) or be required to undergo medical observation (quarantine); holders of yellow Macao Health Codes should follow the required measures of the MSAR Government and those of the University and RCs.
- 2) Arrangements for students who return to the RCs from areas outside Macao:
 - 2.1) At their first entry to RCs, students shall present the Macao Health Bureau’s “Macao Health Code” and fill in the “University Health Declaration Form”.
 - 2.2) Individuals who have visited a medium or high risk country/ area of novel coronavirus pneumonia prior to arriving in Macao should undergo medical observation at designated venue and the subsequent self-health monitoring in accordance with the instructions of the health authorities.
 - 2.3) Aside from students mentioned in 2.2), other students who have been outside of Macao within 7 days prior to arrival at RCs shall undergo self-health management in the RCs for 7 days, detailed arrangements as follows:
 - Measure body temperature two times a day and fill in the “Health Monitoring Record Form” accordingly;
 - Present the Macao Health Bureau’s “Macao Health Code” to the security guard when entering the RCs;
 - Upon entering the RCs each time, disinfect hands with alcohol sanitizer, have body temperature measured and wear a face mask;
 - Present the Macao Health Bureau’s “Macao Health Code” to the RT/RA every night. For non-green code, student has to fill in the daily check-in/out log form.
 - Do not go out unless necessary;
 - Wear a surgical or higher-grade mask according to the requirement of MSAR government in and outside the RCs;
 - Do not allow any visitor and do not visit others;
 - Do not have gatherings with others and often stay at least 2 meters away from others;
 - Undertake antigen testing proactively and receive nucleic acid testing for COVID-19 as per relevant instructions;
 - Pay attention to personal and environmental hygiene;
 - In any event of fever (with ear temperature $\geq 38^{\circ}\text{C}$, forehead temperature $\geq 37.5^{\circ}\text{C}$), malaise, muscle pain, dry cough, sore throat, reduced sense of smell/taste, runny nose or diarrhea, put on a face mask and seek medical attention right away, and provide doctor with the detailed information about the contact history, travel or residence history, and



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- whether the close contacts have developed any symptoms suggestive of COVID-19; undergo nucleic acid testing and restrict movements as per doctor's instructions;
- If staff, staff relatives, students or outsourced workers residing in RCs develop fever or symptoms of respiratory infection and are advised to rest at home by a doctor, RCs should try to arrange for them a separate room for rest and sleep, and instruct them to wear a mask in the RCs at all times, avoid having meals with others, and strengthen indoor ventilation as well as cleaning and disinfection of the environment.
- 3) For students who have completed the 7-day self-health management and for students who have been in Macau for the past 7 days, the arrangements are as below:
- Present the Macao Health Bureau's "Macao Health Code" to the security guard when entering the RCs. For non-green code, student has to fill in the in-out logs.
 - Upon entering the RCs each time, disinfect hands with alcohol sanitizer, have body temperature measured and wear a face mask;
 - Present the Macao Health Bureau's "Macao Health Code" to the RT/RA every night. For non-green code, student has to fill in the daily check-in/out log form.
 - Pay attention to personal and environmental hygiene;
 - In any event of fever (with ear temperature $\geq 38^{\circ}\text{C}$, forehead temperature $\geq 37.5^{\circ}\text{C}$), malaise, muscle pain, dry cough, sore throat, reduced sense of smell/taste, runny nose or diarrhea, put on a face mask and seek medical attention right away, and provide doctor with the detailed information about the contact history, travel or residence history, and whether the close contacts have developed any symptoms suggestive of COVID-19; undergo nucleic acid testing and restrict movements as per doctor's instructions.
 - If staff, staff relatives, students or outsourced workers residing in RCs develop fever or symptoms of respiratory infection and are advised to rest at home by a doctor, RCs should arrange for them a separate room for rest and sleep, and instruct them to wear a mask in the RCs at all times, avoid having meals with others, and strengthen indoor ventilation as well as cleaning and disinfection of the environment.
- 4) In response to changes of the epidemic and the MSAR government's measures, the above arrangements may be adjusted in due course. Please pay attention to the epidemic information released by the MSAR government (<https://www.ssm.gov.mo/PreventCOVID-19>) and act in accordance with the University's prevention measures.
- 5) Considering the epidemic situation and to safeguard health and safety of the residing students, only resident students are allowed to enter the rooms. A maximum of 2 companions are allowed, but they cannot enter any rooms or floors.
- 6) The RCs will keep a record of any violation of the above arrangements and violators will be subject to severe punishments.

02/08/2022